

Nordic Obesity Meeting

September 17-18, 2009

Soria Moria congress centre • Oslo, Norway

Abstract submission deadline: Extended to June 5



*NOM 2009 sports a scientific and social dish
assured to appease any ardent
adiposity academic's appetite*

Norwegian Association for the Study of Obesity

www.nfff.no

Aims and scope

Nordic Obesity Meeting 2009 aims to improve the way health professionals tackle obesity, which is a major health challenge of our time. We welcome physicians, dieticians, exercise physiologists, psychologists, research fellows and scientists. The scientific programme entails the epidemiology, prevention, physiology and management of obesity.

Congress organiser

Kongresspartner • www.kongresspartner.no • Tel. +4792242756

Registration & abstract submission

Cost is 4825 NOK before June 10, 2009 (later: 5450 NOK) and includes congress fee (students: 40% discount), abstract fee, 1 dinner, 2 lunches, and single room hotel stay at the congress venue (see www.soriamoria.no). For more detailed prices and online registration, see www.kongresspartner.no. Registration can also be done by sending an email to christin@kongresspartner.no.

Submit abstracts within June 5 to christin@kongresspartner.no.

Accepted abstracts will be printed in *Obesity Facts*. English will be the official language at NOM 2009.

Congress committee

J Hjelmesæth (congress chair)

ET Aasheim

J Aaseth (president NASO)

M Pollestad Kolsgaard

S Tonstad (scientific advisor)

M Svendsen

Programme

Thursday 17th September

11.30–12.30	Registration and exhibition visits	
12.30–13.30	Lunch	
13.30–14.00	Congress opening	
		Jan Aaseth • Wolfgang Plagge
14.00–15.00	Obesity and type 2 diabetes in Norway: new data from the HUNT study	Jostein Holmen
Societal aspects	Prevention of obesity	Berit Heitmann
	Exhibition visits	
15.00–15.30	Exhibition visits	
15.30–16.30	Increasing physical activity in a population perspective. Can it be done?	Mikael Fogelholm
	Gene-environment interactions	Kirsi Pietiläinen
	Exhibition visits and fruity refreshments	
16.30–17.00	Exhibition visits and fruity refreshments	
17.00–19.00	Track 1: Epidemiology and prevention	
	Track 2: Basic science	
	Track 3: Clinical management	
Original contributions		
20.00–	Dinner	

Friday 18th September

07.00–08.00	Nordic Walking	Ingrid Kristiansen
08.00–09.00	Breakfast	
09.00–10.00	Appetite regulation and drug targets	Aila Rissanen
	Benefits of 5% weight reduction	Jaana Lindstrøm
10.00–10.30	Exhibition visits	
10.30–11.30	Diets in obesity management	Anette Due
	Integrated treatment of obesity and other cardiovascular risk factors	Serena Tonstad
11.30–12.00	Exhibition visits and refreshments	
12.00–13.00	Surgical treatment of diabetes	Erik Näslund
	Obesity surgery in adolescents	Torsten Olbers
13.00–14.15	Lunch and hotel check out	
14.15–15.00	Obesity surgery in Nordic countries	Torgeir Søvik
	Panel discussion	Rune Sandbu
15.00–15.15	Abstract awards & congress closing	